



TUSCALOOSA

EAR NOSE & THROAT

CENTER, P.C.

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EAR, NOSE & THROAT
HEAD & NECK SURGERY
FACIAL PLASTIC SURGERY
UPPER RESPIRATORY ALLERGY
NEUROTOLOGY

BEFORE SURGERY:

1. STOP taking the following medicines at least 2 WEEKS BEFORE SURGERY.

Advil	Bufferin	Ibuprofen	Motrin	Relafen
Aleve	Clinoril	Indocin	Nalfen	Soma Compound
Alka Seltzer	Daypro	Lodine	Naprosyn	Stan Back
Anaprox	Dolobid	Midol	Nuprin	Toradol
Aspirin	Feldene	Midrin	Orudis	Voltaren
B.C. Powder	Goody's Powder			

**IF YOU ARE TAKING MEDICATIONS FOR ARTHRITIS, PAIN OR HEADACHE
PLEASE CHECK WITH YOUR DOCTOR AT LEAST 2 WEEKS BEFORE SURGERY.**

The restricted pain medicines are basically any pain medicine except Tylenol, Codeine, Lortab or Darvocet,

THESE DRUGS CAN INCREASE YOUR RISK OF BLEEDING WITH SURGERY.

2. Generally, we recommend you take Vitamin C 500mg twice a day and zinc 25–50mg (may be in the form of B vitamins with zinc) one a day to aid in the healing process.
3. Continue other medications you are on – particularly heart or blood pressure medicines, lung or breathing medicines and ulcer medicines. If you have any questions about this please ask your doctor.